

BRONTE

SURF LIFE SAVING CLUB • 1903

NIPPERS NEWSLETTER WEEK 3



A huge thank you to our water safety co-ordinators and teams, as well as the U8, U12 and U13 groups, for a successful 'missing nipper' drill. We are required to run this every season and it is assessed by Branch. It was terrific to see how efficiently everyone responded.

We have a busy Sunday at Bronte coming up:

- Club Champs for U8-U13 (full details below). **Note - Club Champs starts early - a 7am start (U9-U13) and 9.30am for U8.**
- Normal nippers for U6 and U7.
- SRC assessments: best of luck to all our U14 candidates!

OCEAN SWIM PROFICIENCY OPPORTUNITY (U9-U13): FRIDAY 8 NOVEMBER @ 6.15am SHARP

This Friday's swell forecast is looking good! If your Nipper has not yet completed their ocean proficiency (most U9 and some U10-U13) and wishes to do it on Friday morning, [let us know here](#).

Reminder: completion of these untimed ocean swims is a pre-condition to participating at Nippers for U9+ and to entering any Carnival, including the Waverley Shield. ****We highly recommend that those wishing to enter the Waverley Shield complete this swim on Friday, in case of prohibitive surf on Sunday.** Completion of the swim is a pre-condition to entry.

Essentials: completion of timed pool proficiency swim, pink rashie, nipper cap and goggles.

For all others: the Club Champs swim race on Sunday (swell permitting) will double as an ocean proficiency.

CLUB CHAMPS ROUND 1 THIS SUNDAY, U8-U13 ****NOTE: 7am start for U9-U14; 9.30am start for U8.**

[Club Champs timetables here](#) *U14 races rescheduled – date to be communicated via WhatsApp.

Sunday nippers is designed to be non-competitive, where kids learn and practice surf lifesaving skills as a group. The exception to this is Club Championships which are normally held on 2 mornings over the season for U8-U14. At Club Championships, the kids compete in a range of races (both in the water and on the sand) using the skills they have learned during Nipper sessions. The child with the most points over both rounds will become that age group's Club Champion at the end of the season. All U8-U14 Nippers are encouraged to compete in these friendly races:

- Sand events for all are: beach sprint (70m) and flags

- Water events are:
 - U8: wade race
 - U9 and U10: swim race and board race
 - U11-U14: swim race, board race and ironperson

Carnival rules apply so wetsuits are not permitted for Club Champs (except U8 wade).

Volunteers required: We need plenty of help to run Club Champs! We set up Club Champs as a formal carnival (70m sprint track, 2 flags areas and 2 water areas) from 6am. Please could **anyone available pitch in**. All trainee and qualified officials: [please let us know here](#) how you can help.

Timing: [See timetables here](#): a full program and a sand-only program if the swell is large. Any change to a sand-only program will be communicated via WhatsApp on the morning of Club Champs. Stay tuned.

Club Champs takes approximately 3 hours to run so we start Club Champs early. This gives us a clear beach, a more efficient schedule and less sun exposure.

WAVERLEY SHIELD NIPPERS CARNIVAL (U8-U14) – SUNDAY 17 NOVEMBER –AT BONDI – NIPPERS SIGN UP AND VOLUNTEER SIGN UP REQUIRED

See [separate newsletter](#) emailed to U8-U14 for full details. All keen nippers and their parents must sign up via the links below. Entry sign up closes THIS SUNDAY 10 NOV. There are no late entries nor on-the-day entries. Please get onto this **ASAP!!**

1. Nippers – [sign up here](#) to enter the carnival. All U8+ proficient nippers welcome!
2. Parents – [sign up here](#) to volunteer
3. Officials – [sign up here](#) to volunteer
4. Water Safety – [sign up here](#) to volunteer (current Bronze Medallion required)

A reminder re the event: the Waverley Shield Nippers Carnival is a friendly, annual competition between the surf clubs of the Waverley Council area. It's a great morning for all interested kids to 'have a go' at competing amongst club mates, school mates, and new mates in a familiar environment. Responsibility for 'hosting' the carnival is rotated (this year it's Bondi) but all Clubs share the volunteer load.

LiveHeats Bands for U9-U14 (*not U8): the LiveHeats race management system will be used at the Waverley Shield and all U9-U14 competitors must have a LiveHeats wristband (no band, no participation). Bands are pre-programmed for each individual by Sydney Branch. Sample bands will be at Nippers this Sunday with each attendance roll. Waverley Shield competitors must select and record their band size with their Age Manager.

GENERAL REMINDERS

BBQ - U12B this week, 7.45am-11.30am: [Please sign up here to help](#). All help welcomed from all parents.

Yellow hat helpers: details of how to get qualified are [here](#).

Board & sand training (U9-U14): such awesome feedback from these sessions! To get involved, see [here](#).

WE CAN'T WAIT TO SEE YOU EARLY ON SUNDAY!!

Ant Burrows, Jess Stewart, Al Visch, Neil Hayward, Tara O'Reilly, Steve Brown